

Mrs. Wroblewski's
Special K Roast

- 4 cups cottage cheese
- 1 cup finely chopped walnuts
- 5 eggs, beaten
- 1 packet onion soup mix
- 1 cup water
- 6 cups Special K cereal
- 3 cups cooked rice

Combine all ingredients.

Transfer to a glass
baking dish greased
with margarine.

Bake one hour at 350°F.

